

Wednesday, October 15, 2025

Lunch Today: Irish Nachos, Fruit, Vegetable, Milk

- Congratulations to Steamer Volleyball on their wins over AFC yesterday.
- We are challenging you to a video contest, a TikTok dance that you create to The Monster Mash. Videos need to be shared to Mrs. Pepper no later than 3:00 on October 24th. A survey will come out the following week for voting with winners to be announced on Halloween. Remember--keep it school appropriate but have some fun and be creative. Good Luck!!
- A representative from Coe College will be in Student Services at 2 PM this Friday. Please scan the QR code in the hallway to sign up if you would like to attend.
- Congratulations to Jacob Brondyke, Paige Emerson, and Kate Houzenga for being selected to the ILMEA Senior Choir. They will be participating in the ILMEA District Music Festival on Saturday, November 15th at Dekalb High School.
- Seniors, FAFSA Completion is now a required step to earn a high school diploma in the state of Illinois. The application officially opened a few weeks ago, and to have the best chance of securing funds, you should submit your application as soon as possible. A representative from Sauk Valley Community College will visit FHS today, October 15th, at 5:00 PM to answer FAFSA-related questions and assist families in submitting their applications. We will meet in the LRC. Please plan to attend!
- Asset 6 reminds us that parents and families are an important part of your school success. When they know what's going on, they can help you handle tough situations, including bullying. Don't be afraid to talk with a trusted adult at home if you or someone you know is being treated unfairly. Family support makes a big difference in creating a safe school for everyone.